#### P.C. SERVICES

304 Locust St. Hillsboro, MO 63050
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636-222-2150 or 636-789-2858 Fax:636-789-4751
"You must be the change you wish to see in the world." -Ghandi

### **Batterers Intervention Program**

- 26 week program for either men or women (Separate classes for Men and Women)
- Based on the Duluth Model, the approach is to take blame off the victim and place accountability for the abuse on the offender. The model states that battering is a pattern of actions used to intentionally control or dominate an intimate partner using tactics of power and control over women.
- \$60.00 for Intake, \$20.00 each week

# S.A.A.P (Substance Abuse Awareness Program)

- S.A.A.P. is an effective and informative program that focuses on substance and alcohol abuse. The purpose of this course is to educate our clients about the effects of drugs and alcohol while also concentrating on treating addiction. Clients will be required to join a recovery program. Classes cover a variety of topics including: Triggers, Trauma, Addiction, Treatment Plans, and Relapse Prevention.
- 16 week program based on how each step is completed
- Random drug testing if requested by the referral source
- \$100.00 for intake, \$20.00 for each week
- MRT Its cognitive-behavioral approach combines elements from a variety of psychological traditions to progressively address ego, social, moral, and positive behavioral growth. MRT takes the form of group and individual counseling using structured group exercises and prescribed homework assignments

## D.A.A.P (Drug Abuse Awareness Program)

- D.A.A.P was created for clients to understanding the consequences and personal accountability when choosing to abuse drugs and alcohol.
- The course provides necessary information to clients, with the main goal of prevention and intervention. The program is designed to reach the resistive client covering a wide range of topics. Topics are presented using lecture and client interaction.
- 1 day class \$100.00

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### **Anger Management**

- A true 10 hour anger management program designed to assist the client on how to identify stressors, take necessary steps to remain calm, and handle tense situations in a constructive, positive manner.
- The purpose of anger management is to help a person decrease the heightened emotional and physiological arousal often associated with anger. It is generally impossible to avoid all the people, things, and settings that incite anger, but a person may learn how to control reactions and respond in a socially appropriate manner.
- 2 day class \$100.00

## **Offenders Parenting Program**

- A parenting skills training program developed for criminal justice involved parents. The offenders parenting program is appropriate for both mothers or fathers on parole or probation or involved with Children's Division.
- 10 sessions \$60.00 for Intake, \$20.00 each session

## **Financial Management**

- A program geared towards assisting clients with the efficient and effective management of money.
- Focus on basics of balancing bank accounts, setting realistic goals, and properly budgeting within one's means.
- 1 day class \$80.00

#### **Show Me ID**

- For clients that have a charge from not checking a person's ID before selling cigarettes or alcohol. Class will cover ways to properly check ID's and how the crime affects the general public.
- 1 day class \$80.00